Lesson 1:

Threading your needle

1. Put the threader through the eye of the needle.
2. Place the thread in the “circle” created by the threader, and pull it back through.
3. You have now threaded your needle!

TIP: You do not need to pull hard on the needle threader. A gentle tug should be more than enough. If you feel like you must pull hard, readjust the thread and try again.

TIP: Always look at your needle size to determine the type and thickness of embroidery floss or yarn you should use. If your floss is too thick, it will bunch up and cause knots. A needle that is too thick for certain fabrics can also cause unwanted holes in the fabric. Try to choose the appropriate needle for each type of fabric!