

Apex Centre Gymnasium Rules

- 1v1 will be allowed during all hours of operation.
- 5v5 full-court games will be allowed during the following times:
 - 5p.m.-8 p.m.- Monday – Friday
 - 12p.m.-5 p.m. Saturday, Sunday & Holidays (including Summer)
 - Available hours may change based on recreation programs.
- Children under the age of 10 must be directly supervised by a person of 16 years or older.
- Proper attire, including shorts, shirts, and non-marking gym shoes must be worn at all times. Bare feet, flip flops, sandals, dress shoes, etc., are prohibited.
- Equipment should be used in the manner that it was intended for. Tampering with equipment and/ or kicking or throwing the balls against the walls, doors, windows, or ceiling is prohibited.
- No food or drink is allowed (with the exception of water in a plastic closed container only).
- Profanity, horseplay, and vulgar language are not allowed.
- No dunking or hanging on the net or rim.
- The Apex Centre is not responsible for lost or stolen items.
- Organized practices and training are not allowed in the gymnasium period. Rentals may take place in the gymnasium. See customer service desk for pricing and availability.
- Volleyball free play will be exclusively offered from 4:30 a.m. to 8 p.m. on Mondays.
- No personal training equipment (jump ropes, medicine balls, yoga mats, etc.) is allowed in the gym during the following times:

Monday-Thursday: 4 a.m. – 10 p.m.

Friday: 4 a.m. – 9 p.m.

Saturday: 7 a.m. – 7 p.m.

Sunday: 10 a.m. – 6 p.m.

Any Damage caused will result in membership suspension of 30 days or more

For more information, please contact us at 972-547-9007 or contact-apex@mckinneytexas.org



3003 ALMA RD. MCKINNEY
972-547-APEX • WWW.APEXCENTRE.ORG



Pick-Up Game Rules

- Games will only be allowed on the East Side of the gym in consideration of the following times:
 - Monday – Friday: 5 p.m.-8 p.m.
 - Saturday-Sunday: 12 p.m.-5 p.m.
 - Available hours may change based on recreation programs.
- Games can:
 - Be played using the full east side.
 - Consists of 10 or less players.
 - Have a time limit of 10 minutes and will automatically end after 10 minutes.
 - Be played as first come, first serve with winner stays (unless youth games are up next).
- Players must sign-up with an athletic assistant to play.
- Players cannot sign up a second time until after their first game has finished.