

# City of McKinney Office of Emergency Management



## Before, During, and After Mosquito Season

### Before Mosquito Season

- Clean up areas in and around your home where mosquitoes may be able to breed or enter inside. This includes removing standing water and repairing or replacing screens on windows and doors.
- Check pet dishes, bird baths, children's wading and swimming pools, flower pots, buckets, barrels, and tires for sources of standing water.
- Recognize that everyone is at risk from contracting a mosquito-borne illness after being bitten. However, those with underlying health conditions, the very young, elderly, and women that are pregnant may be more at risk of developing mild to severe symptoms and/or side effects. Extra precautions should be taken for these individuals.
- Before you travel, please see the Center for Disease Control's (CDC) Travel Health Notice website for information regarding Alerts and Warnings for countries with mosquito borne-illness activity <http://wwwnc.cdc.gov/travel/notices>

### During Mosquito Season

- Avoid mosquito bites.
- Use insect repellent. It is recommended that an EPA-registered insect repellent with the ingredient DEET is used.
- Wear long clothing when weather permits. Mosquitoes may still bite through thin clothing, so spraying repellent on top of clothes is also recommended.
- Zika, dengue, yellow fever, and chikungunya vector mosquitoes bite mainly from dawn to dusk.
- Malaria, West Nile, and Japanese encephalitis vector mosquitoes bite mainly from dusk to dawn.
- Remember the 3 Ds of mosquito protection:
  - Drain standing water
  - Defend yourself with insect repellent
  - Dress protectively
- Check out the Center for Disease Control's website for additional information on mosquito-borne illnesses <http://www.cdc.gov/nceid/dvbd/>

### After Mosquito Season

- Maintain your property in preparation for the next mosquito season.
- Stay up to date on mosquito information by visiting the City of McKinney's Mosquito Control website at <http://www.mckinneytexas.org/index.aspx?nid=222>

### If You Are Pregnant:

- Follow all of the mosquito prevention steps listed above.

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- Zika virus may spread from a pregnant woman to her fetus, this has been linked to a serious birth defect of the brain called microcephaly in babies of mothers who had Zika virus while pregnant.
- Pregnant women should see CDC guidance for Alerts and Warnings for countries with mosquito borne-illness activity <http://wwwnc.cdc.gov/travel/notices>